

# *Spheres Of Light*



**Full Moon Circle — 17th May 2019**

**Akhekh**



## **Full Moon in Scorpio (19/05/2019 7:11am)**

Traditionally, the Scorpio Full Moon is considered one of the most powerful for releasing, cleansing, and transforming your life. This is because Scorpio is the sign that rules over death, rebirth, and spiritual transformation. We will be working with Akhekh an Egyptian Dragon, the Apophis Serpent, the opponent, the swallower of the sun or its eye, and the natural antithesis of light and life.

The Full Moon in Scorpio is bringing light to all the shadow dynamics that lie underneath the surface- the very things we don't want to look at or have been avoiding dealing with are likely to come to Light right now. Scorpio pulls us in to the mysterious depths...The dark has power, and that makes it daunting, but also a promising night — for deep change and renewal. What comes to mind with this Scorpio peak is that it's a time to come home to the power of the imagination to shape your life.

## **Activity**

We will make scarab beetle amulets using polymer clay.

## **Information on the Scarab Beetle**

The Egyptian Scarab was one of the most well-known and sacred of all amulets in Ancient Egypt. It goes back as early as 2345 B.C. The amulet represented new creation, eternal life and gave immense protection against evil to the bearer.

Millions of Egyptian scarab beetles were produced in Ancient Egypt. It seems the faith in the power of this amulet stayed stable well into the fourth century A.D. these amulets were carved out of stone, or made from folded glass, or Egyptian faience (a glazed ceramic). they were worn as beads, used as seals, carved in reliefs and so on.

The Egyptian Scarab Beetle was associated with the god of the rising Sun called Khepri. Khepri represents rejuvenation, divine wisdom and immortality.

The heart scarab amulet was the special amulet placed over the heart of the deceased. it was wrapped inside the bandages covering the mummy. it was also thought that the heart scarab would see to it that the life would be resurrected.

The heart scarabs were normally larger than the Egyptian scarab amulets carried in everyday life. The amulets showing the Egyptian scarab with spread wings were a symbol of extended protection.

*Some examples of Scarabs...*





## The Ritual

*Altar setup in quarter representing the season*

*Each person will add their dragon representation to the altar*

*Tools will be placed to represent the quarters e.g. Incense/wand – air, candle/Athame -Fire, Chalice -Water, Stone/salt -earth. Bowl for anointing. A large painting or picture of Dragon’s eye to act as a gateway. A black mirror. A large candle in the centre of altar.*

By the power of the dragons may this circle be blessed cleansed and sanctified.

*Person hosting the ritual stands in front of altar and bows.*

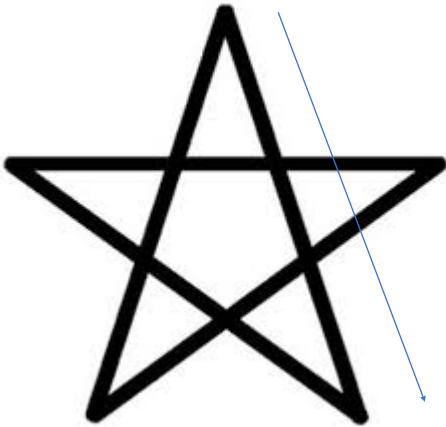
*Says:*

I (Dragon Name) invoke the Dragons this night  
 Come, Dragons of the primordial waters  
 Come, Dragons from the primal source of creation  
 Come, Dragons of Lightness and Darkness  
 Come, Dragons of Chaos and Form  
 I invoke you to join us and impart your wisdom and ancient knowledge  
 Guard and Protect us this night  
 As be your will.

*Take the anointing bowl and anoint each person on the third eye with the words:*

“May you Awaken to the power of the Dragon”

*Take the Athame from the altar and trace out the invoking pentagram at each quarter*



I open the Eastern gates of Air  
Come forth with your mighty winds  
Circle us with your power and inspiration  
I call you to come forth and protect and charge this circle.  
As be your will.

I open the Northern gates of Fire  
Come forth with your fiery breath  
Circle us with your strength and power  
I call thee to come forth and protect and charge this circle.  
As be your will.

I open the Western gates of Water  
Come forth with your power of the primordial ocean  
Circle us with the power of connective energy  
I call thee to come forth and protect and charge this circle.  
As be your will.

I open the Southern gates of Earth  
Come forth with your protective force  
Circle us with the powers of manifestation  
I call thee to come forth and protect and charge this circle.  
As be your will.

### **Calling in Akhekh**

Akhekh! Supernatural beast of the deserts and the wastelands in ancient Egypt.  
Akhekh! Whose form is that of the four-legged sphinx, tail of a serpent and mighty wings.  
Akhekh! Who presides over the point where the eastern and western horizons of the Underworld meet.

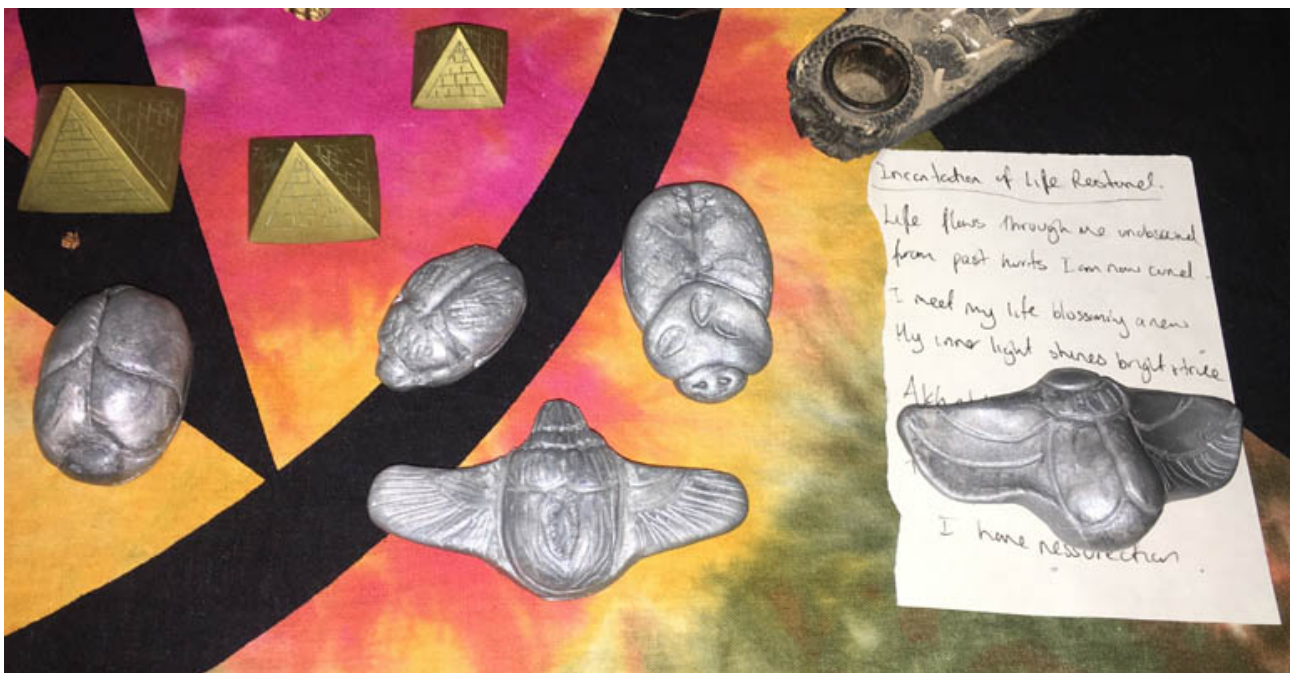
We ask that you be with us tonight in our ritual and guide us through the underworld and assist us in our journey of death and resurrection.



Illustration by Kerem Beyit

### Activity — Making Scarab Beetle Amulets

Using polymer clay we will make scarab beetle amulets which we will then place over our hearts while lying down during the meditation on death and resurrection. Each person can take their scarab home after the ritual and bake it in the oven to harden and set the polymer clay.



Some scarabs made by members of the Loftus circle



*...more scarabs made by members of the Loftus circle*

## **Meditation on Death & Resurrection**

Meditation channelled by Lisa on the night. *A rough outline of the meditation is: We are dead and find ourselves in a chamber deep beneath the earth, we have been mummified and have our heart scarabs with us. We contemplate our death, we meet Akhekh and receive a message/advice from him, then we come out of our meditative state feeling resurrected. Those who wish to share their meditation experiences with the group do so, then we all say the following chant:*



## **Incantation of Life Restored**

*(Say three times while holding our scarabs)*

Life flows through me unobscured,  
From past hurts I am now cured.  
I meet my life blossoming anew,  
My inner light shines bright and true.  
Akhekh, Akhekh Dragon of pure intention,  
Through your power I have resurrection.

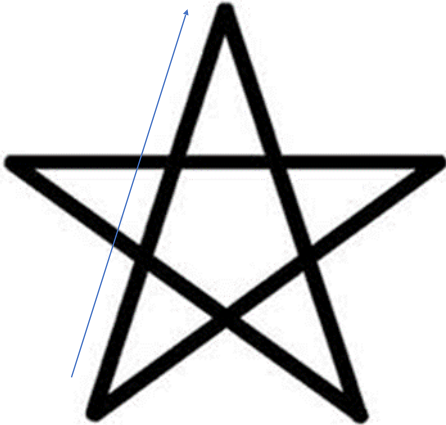
*(Each person's paper copy of the incantation can be buried in the earth on the day of the Scorpio full moon.)*

## Closing

### Akhekh

Farewell and thanks to Akhekh for his presence and participation in our rite (*ad lib - no written script*).

*Close quarters with banishing pentagram*



I close the Southern gates of Earth  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be.

I close the Western gates of Water  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be.

I close the Northern gates of Fire  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be.

I close the Eastern gates of Air  
Thank you for coming forth, witnessing this rite and protecting this circle.  
May you dwell within our hearts  
So shall it be.

By the power of the Dragons this circle is closed.

